Skinner Psychological Services, PLLC

Overview of Policies, Services, and Fees

Thank you for seeking services at *Skinner Psychological Services, PLLC*. This document is meant to serve as a general reference; however, detailed procedures are formally documented within relevant consent forms that require signature prior to commencement of services. Please note that the information contained in this document is subject to change at any time and, thus, should always be confirmed upon intake and/or with your treating clinician.

Practice Information

- Alyson H. Skinner, PhD (Owner/Director) is a New York State licensed psychologist, subject to the local and federal laws governing practice of psychology. All associates, including administrative assistants, contractual clinicians, and clinicians-in-training, are also bound to regulations stipulated by their respective licensing boards and codes of professional ethics.
- In order to employ an informed approach to consultative, evaluative, and therapeutic services, certain details and documents may be requested upon intake and/or throughout the course of service provision. Failure to produce these materials may delay scheduling of appointment(s) and/or necessitate rescheduling pending their receipt and review.

Contact Information

- All correspondence should be directed to the telephone number and/or email address provided in the footer of this page, unless otherwise specified at the time of intake or by your treating clinician. Efforts are made to check messages each scheduled workday whenever possible. Due to the nature of clinical practice and triage, response time may vary; however, every effort will be made to respond to inquiries within 2-3 business days following receipt.
- Clinicians at *Skinner Psychological Services, PLLC* do not provide crisis management and cannot guarantee availability for contact outside of scheduled client appointments. All clients and caregivers should immediately call 9-1-1 or go to their nearest hospital if an emergency or any threat to personal safety should arise.
- Appointments are scheduled based on clinician availability, which varies on an individual basis. Dr. Skinner typically holds hours Tuesday and Thursday from approximately 12:00pm-5:00pm for therapy and evaluation sessions. Additional time slots may be available for certain services (e.g., assessment, educational consultation), in extenuating circumstances, or if indicated by your treating clinician.

Billing Information

- Clients are responsible for full payment at time of service, except when indicated otherwise or determined individually. *Cash, check, and major credit cards* are accepted as forms of payment.
- Dr. Skinner and associates at Skinner Psychological Services, PLLC ***do not* participate on insurance plans** at this time due to constraints imposed by managed care that are incompatible with our commitment to high standards for treatment services. Please check with your insurance provider to determine eligibility for out-of-network coverage and reimbursement. A detailed invoice will be provided upon submission of payment, which outlines services rendered and contains diagnostic andprocedural codes required for submission of claims.
- Notice of cancellation must be provided at least 2 business days in advance of any scheduled appointments. *Except* in cases of illness or under extenuating circumstances, at clinician discretion, clients will be held responsible for the following missed session fees:

Therapy Services
- Late cancellation (24-48 hours): $50
- Same-day cancellation: $100
- No-show: full fee

Consultation & Evaluation Services
- Late cancellation (24-48 hours): $100
- Same-day cancellation: $150
- No-show: $250

Schedule of Services and Fees

Consultation Services

Service Type	Component(s) Included	Fee
New Client Consultation *Initial appointment for new clients seeking evaluation services, record review, educational planning/advocacy, and/or general consultation*	• Record review • 60-90 minute session *With written summary and recommendations*	$495 *+ $250*
Follow-Up Consultation *For current or former clients*	60 minute session 90 minute session	$350 $395
Professional Consultation *For clinical service providers*	30 minute session 60 minute session 90 minute session	$195 $225 $255

Notes: Italicized "components" are indicative of optional/add-on services.
Consultation fee will be applied to total fee for evaluation services (when applicable); see following sections for further information.

Psychotherapy Services

Service Type	Component(s) Included	Fee
Intake Interview *Initial session with caregiver(s)/adult client*	• Record review • 60-90 minute session	$495
Individual and Conjoint Psychotherapy *Individual therapy, parent training, family therapy, marital therapy, intimate relationship counseling*	**Senior Clinician (PhD/PsyD)** 30 minute session 45 minute session 60 minute session *15-minute extension*	 $250 $275 $295 *$40*
	Associate Clinician (LCSW/LMHC) 30 minute session 45 minute session 60 minute session *15-minute extension*	 $155 $175 $195 *$25*
	Junior Clinician (Doctoral Trainees) 30 minute session 45 minute session 60 minute session *15-minute extension*	 $95 $125 $150 *$20*

Note: Certain services or sessions may be conducted through a secure, HIPAA-compliant online psychotherapy portal, as determined on a case-by-case basis.

Schedule of Services and Fees

Basic Evaluation Services

Service Type	Component(s) Included	Fee
Psychosocial Assessment *Overview of developmental, behavioral, social, and emotional characteristics in context of family and situational factors*	• Record review • 60-90 minute parent/client interview • Written report	$850
Cognitive Assessment *Measures intellectual abilities/"IQ"*	• 30 minute parent/client interview • Testing session(s) • 30-60 minute feedback session • Written report	$1795
Academic Assessment *Measures academic skills and learning profile*	• 30 minute parent/client interview • Testing session(s) • 30-60 minute feedback session • Written report	$1795
Psychoeducational Assessment *Provides profile of intellectual abilities/"IQ" and academic learning; identifies learning disorders; comprises part of "triennial" evaluation for students with special education services*	• 60 minute parent/client interview • Cognitive testing session(s) • Achievement testing session(s) • 60-90 minute feedback session • Written report	$4195
Service Eligibility Assessment *Components, structure, and fees may vary based on prior testing, existing documentation, and/or specific services being sought*	• Record review • 60 minute parent/client interview (psychosocial) • Cognitive testing session(s) • Assessment of adaptive functioning • 30 minute feedback session • Written report	$3595

Schedule of Services and Fees

Comprehensive Evaluation Services

Youth Diagnostic Assessment *Identification/clarification of neurodevelopmental and psychiatric conditions (if applicable) affecting social, emotional, behavioral, and/or educational functioning*	• Record review • 60-90 minute parent/collateral interview • Cognitive testing session(s) • Clinical testing session(s) • Standardized rating forms (parent & teacher) • 90 minute feedback session • Written report	$5195
Adult Diagnostic Assessment *Identification/clarification of neurodevelopmental and psychiatric conditions (if applicable) affecting social, emotional, behavioral, and/or vocational functioning*	• Record review • 60-90 minute parent/collateral interview or clinical interview • Cognitive testing session(s) • Clinical testing session(s) • Standardized rating forms (self & informant) • 90 minute feedback session • Written report	$4895
Youth Comprehensive Assessment *Neuropsychological, psychoeducational, and psychodiagnostic testing* *Individualized based on presenting concerns and referral questions – may entail measures of executive functioning, social communication, visual-motor skills, and/or learning style*	• Record review • 60-90 minute parent/collateral interview • Cognitive testing session(s) • Achievement testing session(s) • Clinical testing session(s) • Standardized rating forms (parent & teacher) • 90 minute feedback session • Written report	$5695
Adult Comprehensive Assessment *Neuropsychological, psychoeducational, and psychodiagnostic testing* *Individualized based on presenting concerns and referral questions – may entail measures of executive functioning, social communication, visual-motor skills, and/or learning style*	• Record review • 60-90 minute parent/collateral interview or clinical interview • Cognitive testing session(s) • Achievement testing session(s) • Clinical testing session(s) • Standardized rating forms (self & informant) • 90 minute feedback session • Written report	$5495

Notes: Fees listed for services with "parent/collateral interview," "client interview," or "clinical interview" component include payment submitted for New Client Consultation.
Payment for evaluation services may be submitted in full at the outset of testing or in installments as specified on the evaluation consent form.
Other payment plan options and sliding scale fees may be available on a case-by-case basis. Please discuss any questions or concerns with the evaluating clinician.

Schedule of Services and Fees

Offsite Services

Service Type	Component(s) Included	Fee
School, Home, or Other Offsite Observation	• 60 minute visit	$495
	• 90 minute visit	$550
	Written summary	*+$250*
CSE Meeting Participation	• 30 minute planning session (with family, advocate, legal counsel, or other involved parties)	$595
	• Meeting attendance (up to 90 minutes)	
	Additional planning, 15-minute increments	*+$25*
	Additional attendance, 15-minute increments	*+$45*
	Written summary	*+$250*
Educational Program Assessment	• 60-90 minute program visit	$595
	• 30 minute debrief or feedback session	
	Written summary	*+$250*
Legal Planning/Collaboration	• Dialogue and/or correspondence up to 30 minutes (collective)	$95
	Additional 15-minute increments	*+$20*
Legal Testimony	• Half-day (up to 4 hours)	$1195
Includes planning and preparation with client, family, and/or legal counsel (up to 60 minutes)	• Full-day (up to 8 hours)	$1995

Notes: Italics are indicative of optional/add-on components.
Travel exceeding 30 minutes from office location will be billed at an additional fee of $25 per 15-minute increment.